

## **DEVELOPMENT PROGRAM**

Play The Balmain Way

All teams to be guided by the club's philosophy and style of play

#### Mission:

"To develop technically skilled players, who are creative, make good decisions and understand the game of football"

#### Vision:

*"To be known as a reference in player development"* 

"When a player with talent couldn't defend, I put him in defence so he could learn, but that could cost a point. But I didn't care, I was too busy developing the player" Johan Cruyff

## THE BALMAIN WAY

Possession based, focused on building play from the back. Offensive-minded, creative, effective and fair football

1-4-3-3 is the preferred formation(or the variations:1-4-2-3-1/1-4-1-4-1)



### THE BALMAIN WAY PHILOSOPHY

### ATTACKING

Possession based Expansive Positioning interchanges Diagonal/Horizontal With numbers







## THE BALMAIN WAY PHILOSOPHY

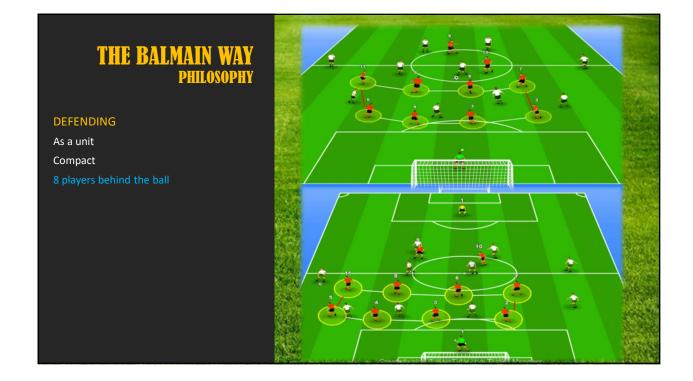
#### TRANSITION ATTACKING TO DEFENDING

Quick pressure 7 seconds rule Active defending No time / No space/ No options













## THE BALMAIN WAY PHILOSOPHY

### TRANSITION DEFENDING TO ATTACKING

Forward runs Fast Quick passing/combination Option on both sides











- INTELLIGENT
- GOOD VISION
- UNDERSTAND THE GAME
- UNDERSTAND POSITION ROLES
- GREAT DECISION MAKING

## ATTITUDE

- COACHABLE
- RESPECTFUL
- NEVER GIVE UP
- TEAM PLAYER
- POSITIVE
- TRY HARD



- AGILE
- MOBILE
- GOOD LEVEL OF FITNESS
- GOOD USE OF THE BODY

# TECHNIQUE

- GREAT BALL CONTROL
- SKILLFUL
- CREATIVE
- GOOD OVERALL
- NOT AFRAID OF HEADING

