



# Tactics Manager

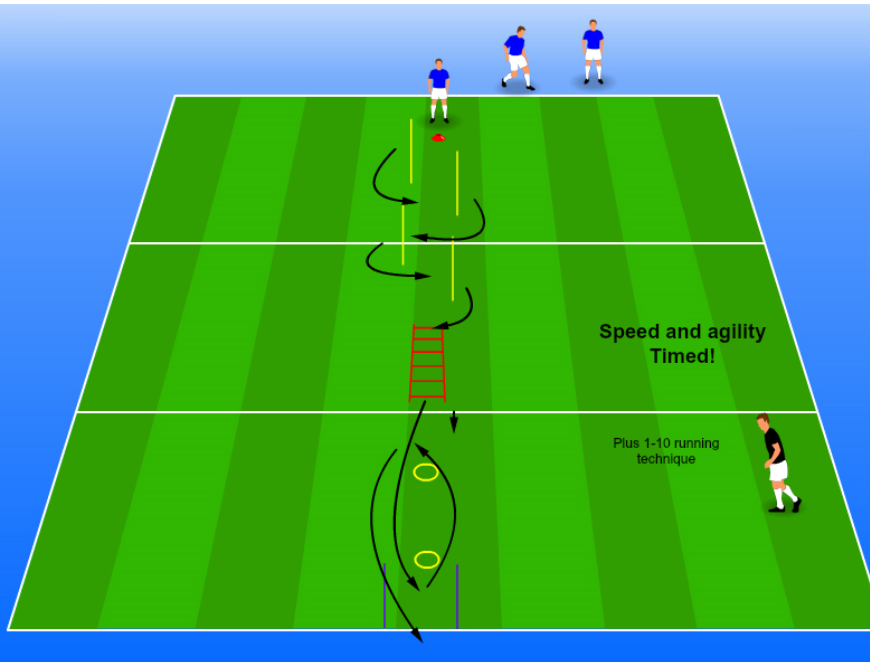
**Date:** 14/10/19  
**Time:** N/A

**Duration:** 2:15 hour  
**Age/Level:**

**Session Objective:**

## U12-U16 Grading , 2 days

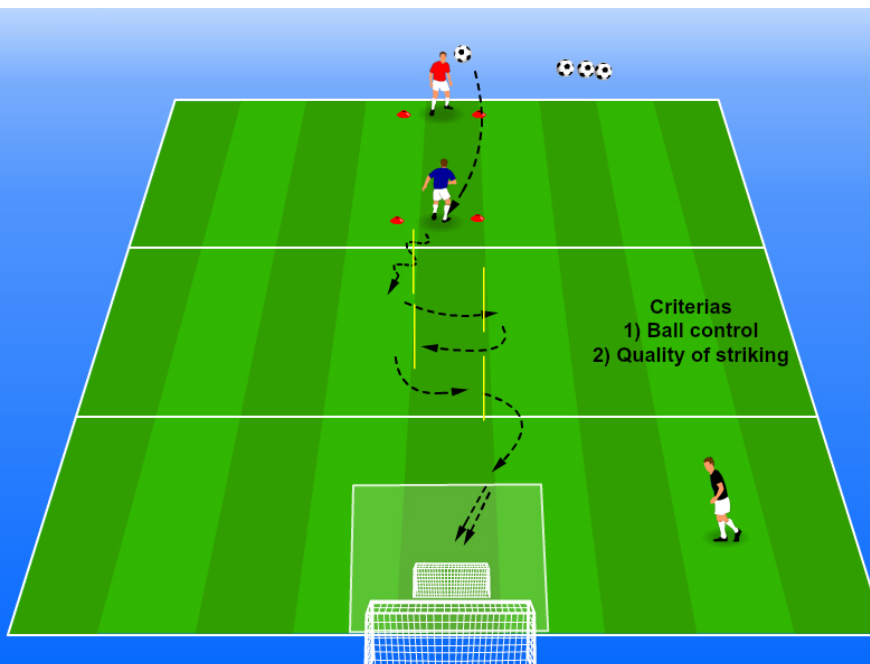
### Exercise 1



**Description:**

Coach has stopwatch and players have a timed run. Max 4 oportunities. Each run is under 10s. Combined speed - speed of locomotion + frequency speed + changes of direction + acceleration + deceleration  
 Grading criterias: 1-10 running technique + time

### exercise 2



**Description:**

Throw - receive - turn - dribble - shoot on target  
 Grading criterias: 1-10 Ball control 1-10 Quality of strike



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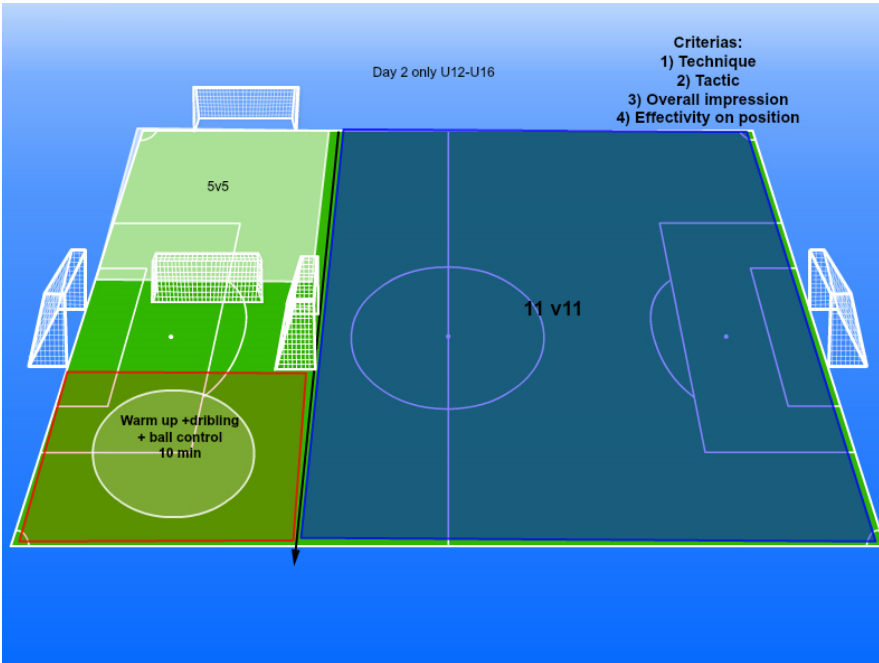
## U12-U16 Grading , 2 days

### exercise 3



**Description:**  
 Free game. 2 coaches assessing rotate teams every 5 min No set positions, organise yourselves Grading criterias: 1-10 technique, 1-10 tactics - usage of both feet, ball covering, changes of direction, usage of space, leadership, 1-10 overall impression - active, agressive + Position recommendation - defense,midfield,attack

### Day 2 for U12-U16



**Description:**  
 Day 2 for U12-U16 only 4 coaches assessing 1. warm up for 10 min - rwb in small space, juggling Grading criterias 1-10 ball control, 1-10 Juggling, 1-10 Activity 2. free game 11v11 and small game 5v5 Grading criterias: 1-10 Technique, 1-10 Tactic, 1-10 Overall impression 1-10 Effectivity on position + Position recomendation - def, mid - centre, wing, attack



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**Session**

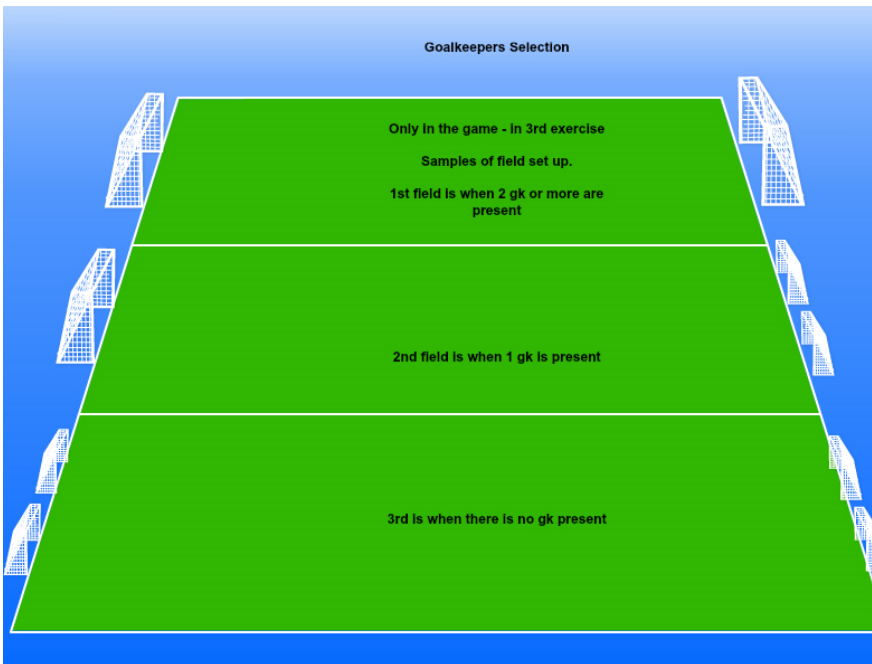
**Time:** N/A

**Age/Level:**

**Objective:**

## U12-U16 Grading , 2 days

### When Gk show up for grading



**Description:**

Gk will be graded only in the 3rd exercise. Field will be adjusted according to number of goalkeepers. Coaches will assess the gk overall. 1-10