



Balmain & District Football Club

Coaches & Managers Information 2020



Community

Participation

Achievement

Welcome to Football 2020



There are a few changes this year...

2020 Competition Structure



There are multiple changes to the competition structure to allow for the late start and reduction in available weeks

- 14 week season
- Divisions restructured to 8 teams
- No breaks for School Holidays & October Long Weekend
- No Final series for U12 and above – Minor Premiers will be based on first-past-the-post (1st place finish)
- O35 & O45 MEN Division 1 competitions will be scheduled for Friday nights- where possible
- No rescheduling of games for washouts or forfeits.



All CDSFA clubs will be adhering to a COVID Safety Plan

- All coaches and managers should familiarise themselves with the [plan](#).
- You will have a key role supporting your team through the changed conditions

Key notes for coaches/managers

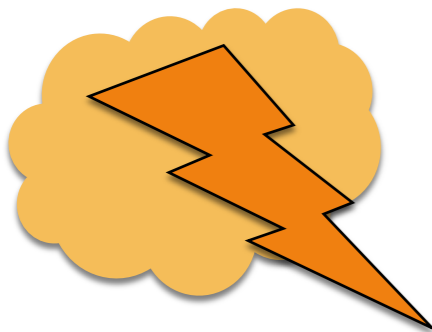
- ✓ Match & Team Officials not to share personal equipment such as whistles, flags, cards or pens.
- ✓ Social distancing (1.5m) required for officials and players in the technical area
- ✓ No sharing of jerseys- including keeper jersey
- ✓ Bibs should be retained and laundered by the individual wearer
- ✓ Players must have own labelled drink bottle
- ✓ No sharing of fruit, lollies or any other food
- ✓ Maximum of 2 spectators allowed per player- there are restrictions on maximum number of participants for each game and social distancing is required
- ✓ Contact tracing if necessary, will be facilitated by Match sheets and player details collected in PlayFootball.

Match Scheduling- moving to Dribl



Match schedules are now on [dribl](#)

Regular training [schedule](#) resumes from 30/06



Wet weather procedures

- The Club will provide updates via social media for wet weather closures of training & home Games as soon as they are known
- For weekend matches on away grounds, updates are posted by [CDSFA](#). If a field does not have CLOSED against it then it is deemed OPEN
- It also pays to check [local council](#) hotlines or websites for the most up-to-date to date ground status.
- During wet weather, grounds may be closed at any time- even once you have arrived or started a match.

Match sheets are now printed via DRIBL



A match sheet is required for all games involving teams U8 upward. They are a record of the match including details of all players, scores, red and yellow cards and any injuries. They are used by all clubs to record results and drive any required disciplinary actions

How do I get them

- Home teams are responsible for producing the match sheet at the game
- Balmain teams can access their match sheets via [DRIBL](#)
- Detailed instruction are on the [website](#)
- Separate [links](#) and login details will be provided to team coaches and managers for match sheet printing prior to Round 1

What do I need to do

Home team managers:

- Ensure all team and borrowed players are entered on the sheet with their FFA & shirt number
- Cross out the name of all players who are NOT playing that game
- Provide the sheet to the away team to complete their team's details
- Provide to the referee to check and retain through the match
- Sign that results are correct at the conclusion of the match
- Return to the club's drop off point by Sunday afternoon of the weekend the match was played

Match sheet drop off

- Callan Park Sat & Sun until 5pm
- Birchgrove Oval Sat only until 1pm
- Easton Park Sat & Sun until 1pm

Recording away results

Away results may be recorded:

- [Electronic form](#)
- Dropping a copy or the bottom portion of the match sheet at one of the drop off locations

New Ultra Football Kit 2020



- All players to get a new shirt with 50th Anniversary logo
- New players received a full credit to purchase their kit through Ultra Football
- Returning members receive a credit to purchase a 50th Anniversary playing shirt through Ultra Football

Actions

- ✓ Players need to contact playerstrip@balmainfootball.com.au or visit the FAQs on the club website if they have not received a code to order their new kit or shirt.
- ✓ Managers need to check the players jersey matches the number on the Match Sheet. Contact playerstrip@balmainfootball.com.au if there are any discrepancies



Ground official duties new arrangements for 2020



It is a CDSFA requirement for clubs to provide a ground official for each of their home grounds upon which a match is being played. This year teams will need to provide one ground official each time they play a home game

Organising

- Each **Balmain home team** needs to provide ONE volunteer for EVERY HOME game, EVERY WEEK. However, this is only for the game immediately prior to their HOME GAME. This means if you are playing at one of Balmain's Home Grounds (as the HOME team) at 11am, you will need to provide Ground Official service for that field at 9:30am (or for whatever time the game before yours is scheduled).

Duties on the day

Ground officials are required to:

- Be at least 18 years of age
- Arrive 10 minutes before the game commences to check in at the Canteen to obtain the Ground Official Vest
- Make themselves known to the referee before the start of the match
- Ensure that spectators stay behind ropes and fences and do not enter the field of play
- Ensure that the area behind the goal is kept clear at all times
- Ensure that no persons including coaches and managers enter the field of play until signalled by the referee
- Assist the referee as requested at any time
- Ensure that the consumption of alcohol or smoking does not take place in the immediate vicinity of the playing field until after the completion of the last match.

Locations for ground official duty

Ground official volunteers are required in the following locations
Waterfront, Glover Street Sporting Fields, Easton Park, Birchgrove Oval.

New CDSFA discipline rules for 2020



Temporary Dismissals (TD) - Extension of the trial introduced in 2019 finals for O35's. Will now apply to all O35's, O45's and O30W matches

Where a player is guilty for Dissent by Word or Action and receives a TD:

- The Referee points to the technical area where the player is to remain
- The TD period is for 10 minutes, which commences when play is restarted. The referee(s) notes the time in their notepad.
- Player may only return to the field after referee's permission. Dissenting the time can result in another YC.
- All cautions for Dissent by Word or Action (Y2) are punished with TD.

Dissent by word or action examples:

- Clear use of arms and action showing dissent toward the referee's decisions
- Aggression in the player's tone when communicating to the referee without swearing. Working with Zero-Tolerance?
- Any swearing remains as an immediate send-off.

2020 Laws of the Game changes

More detailed summary is available on our website here: <https://www.balmainfootball.com.au/manager-resources/>



1. Substitutions	Players coming off must leave at the closest point to any sideline. Players coming on must still only enter at the half-way line, and must wait for their teammate to leave the field.
2. Card awarding	Referee may delay showing card until the next stoppage. Team officials can be shown Yellow or Red cards.
3. Coin Toss	Winner can choose to kick-off first or the direction of play. Losing team chooses second.
4. Drop-Balls	If the ball hits the referee, a drop ball is used. Drop-balls are now uncontested and dropped to team with last touch of the ball. Drop-balls in the Penalty Area go directly to the Goalkeeper.
5. Handball	It is handball when - Making the body unnaturally bigger or arm above shoulder level. Handball law applies differently to different players roles. Defenders are generally in advantage. Deliberate hand ball is an offence.
6. Goalkeepers	Miskick by the Goalkeeper from a deliberate pass back or throw in by a team-mate can now be picked up. It must be clearly unintentional (Referee's decision).
7. Goal-Kicks and Free Kicks in the Penalty Area	The ball is in play when it is kicked and moves, and it does not need to leave the Penalty Area. All opposition players must remain outside the Penalty Area. Defenders can now play out from inside the Penalty Area.
8. Defensive Walls	During Free Kicks, attackers must be a minimum of 1m away from a defensive wall when 3 or more defenders are in the wall.
9. Penalty Kicks	The Goalkeeper must have at least one foot on the goal line when the ball is kicked.

Eligible players



Playing up or for another division

- Rules for using players from another team are complex
- There are restrictions on the age, grade and number of players who can be used as substitutes
- There are also rules about how many times a player can play up in a higher division or age group.

- There is a maximum number of players that can be listed on the team sheet.
- There is a maximum number of players that may be brought up into a higher graded or different age group
- These rules differ by age group

Incorrect match sheet records

Common problems on match sheets are:

- Too many players
- Ineligible players
- Players who are not playing or suspended and not struck off the sheet.

Match officials do not check eligibility.
Team managers & individual players are held accountable for eligibility
[See the Rules of Association](#)

What can go wrong?

CDSFA review match sheets each week & detect ineligible players. Where ineligibility is detected:

- The game is awarded to the opposing team
- The team losses 3 additional competition points
- The team is fined an additional registration fee
- An adult player deemed ineligible is suspended for a minimum 2 matches, but 12 months if they were already ineligible through a disciplinary issue.

The technical area



Permitted in the technical area

A maximum of TWO team officials are permitted in the technical area regardless of the age group:

- Must be wearing a high viz vest
- Must display a current season Team Official ID card

Only players entered on the match sheet are permitted in the technical area

Not permitted in the technical area

- Sick, injured, surplus, suspended or banned players
- Additional team officials above the maximum of 2
- Player's or Team Official's children, partners, friends or animals

What can go wrong?

- The referee may not allow play to start
- It can create issues for the ground officials trying to apply the rules for the technical area
- The home team can be fined by CDSFA \$110 for each match this occurs

Ground Officials



A ground official (wearing an orange vest) must be present at each match:

- Ground officials are provided for each of Balmain's home matches played at our home grounds
- If no volunteer ground official is present you must provide a substitute
- For home matches played at away venues you will need to provide your own ground official

What can go wrong?

- The referee may not allow play to start
- The home team can be fined by CDSFA \$110 for each match this occurs
- Where issues with the game lead to judiciary proceedings- the absence of a ground official is distinct disadvantage

Staying out of trouble-



Player cards

- U12 and over: Cards must be provided to the referee. No card means no play
- U10 & 11s must present a card ONLY if playing up in an under 12s team
- U8-11 - Cards are NOT required for matches

What can go wrong?

Players who require a card will not be permitted to take the field if their card is not at the ground - no exceptions.

Out of bounds

- Warming up behind the goal is not allowed
- Warm up in the goal area is not permitted for night matches

What can go wrong:

- Your team may be fined \$110 by CDSFA
- If a night-time venue offence - you will be banned from future night fixtures

Match Officials

Referees and assistant referees



Referees and assistant referees are provided for all games from U10 upwards

Paying match officials

- Managers of both teams in a match pay the match officials prior to the start of the match
- Balmain DFC manage referee payments on a reimbursement basis
- Match Official Payment form must be completed and signed by all officials that were paid
- Referees do not carry change, so it is important to bring the correct money to the match
- All match official payment forms and online reimbursement requests can be found on the [Manager Information](#) page of the website

Reimbursement

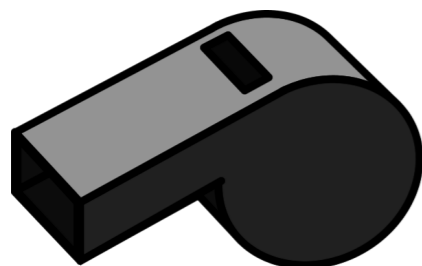
Managers can claim reimbursement of match official fees by:

- Completing the online [Match Official Reimbursement request](#); or
- Submitting a scanned copy of your match official payment sheet along with a Manager Reimbursement request to accounts@balmainfootball.com.au

When there is no supplied match official

Sometimes, there are not enough referees to cover all matches. When this happens:

- The home team is responsible for supplying a referee
- The away team must agree to the person nominated
- Non-appointed referees are **not** paid for officiating the match



Looking out for match officials

- Referees are often young, sometimes inexperienced, and always human. Like all of us, they can and do make mistakes
- The availability & retention of referees is often impacted by the negative and inappropriate ways they are sometimes treated by players, spectators, and team officials
- Be kind and respectful to referees, and be a role model for the way they should be treated.

Coach Support



Coaches webpages

- FFA & NSW age appropriate coaching plans in the public section;
- Development Coaching plans for each week of the season in the 'Coach Only' password protected section
- Additional coaching material and other training resources in the 'Coach Only' section
- New suite of coaching support and information is being put together
- YouTube Channel – [BalmainDFC](#) includes Coaching corner and Training problems videos
- Age appropriate outcomes
- Reading materials
- Coaching philosophy
- Links to Kanga Cup (CANCELLED), NSW State Cup (CANCELLED), and CDSFA resources

Professional coaches for non-graded teams

- Development Squad Coaching sessions for 2020 are full.
- Requests for 2021 can be submitted to matteo@balmainfootball.com.au

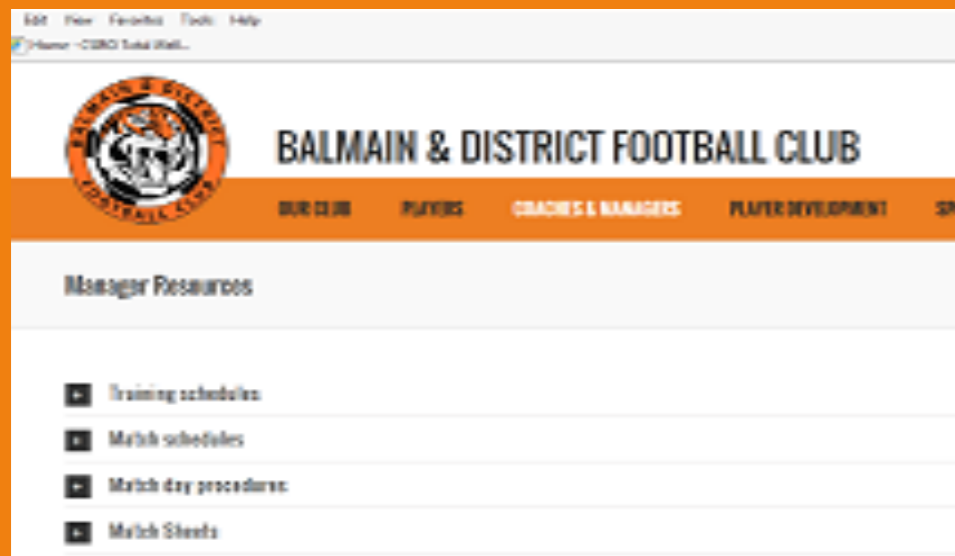
C licence

- Balmain volunteer coaches can apply for fee assistance to complete a C-Licence coaching course

When you need information or help?



Our website



<http://www.balmainfootball.com.au>

Our website contains

- All information & links required by managers and coaches
- A coaches only area, with the club's development training plans and additional resources to support coaches

Your Age Coordinator



Executive Committee & sub-committees



Development

Comms

Finance

Registration

Grounds

Sponsorship