



Tactics Manager

Bull rush



Date: 22/Apr/2021

Measurement: 20 x 30

Time: N/A:N/A

Players: 9

Duration: 10

Level: U5 - U7

Objective:

Description:

Bull rush,
popular kids game.

Rules:

set up as per picture, orange players dribble the ball across the field without escaping the field. Blue players are trying to steal the ball of players and pass to coach. That means the number of Blue players would increase with every succesfull steal.

Avoid:

Booting the ball, kicking the ball of the players without intercepting it

Learning points:

Ball control with any part of foot
Avoid clusters
Changes of speed and directions

Multiple other rules of this game exist

Coaching Points:

Progression: