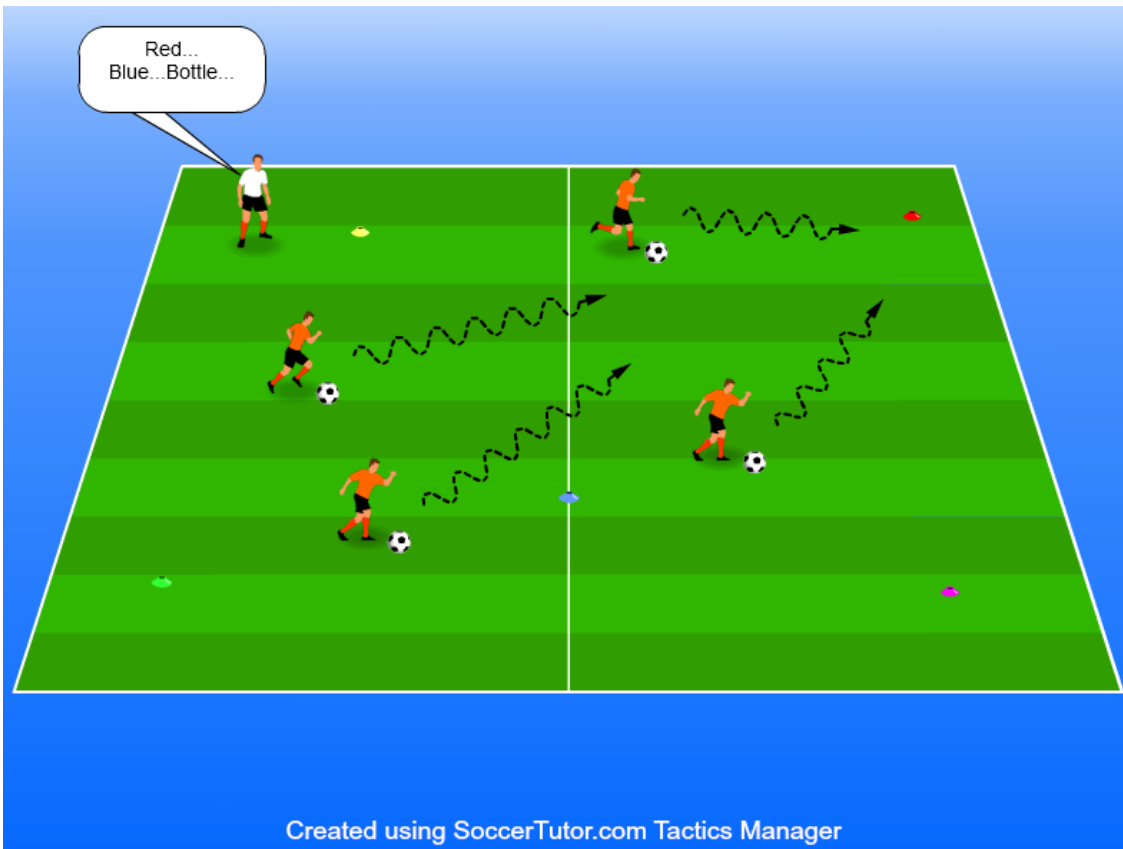




Tactics Manager

Color run



Date: 27/Apr/2021

Measurement: 10 x 10

Time: N/A:N/A

Players: 0

Duration: N/A

Level:

Objective:

Description: In a space 20x20m spread objects, or colorful cones.

Keep saying colors, kids have to run with the ball to the cone (s)

Variations: -1 color at the time -multiple colors as sequence -gates instead of cones to run through -different types of dribbling

Coaching Points:

Progression: