



Tactics Manager

Shooting practice



Date: 22/Apr/2021

Measurement: 10 x 10

Time: N/A:N/A

Players: 9

Duration: 10

Level:

Objective:

Description:

Basic shooting practice

Rules:

Split into 2 teams, no one is allowed into the goal (cones 2m apart) or playing field (box).

1 team as a unit shoots, count goals, other team collects the balls and lines them up for their turn.

Variation:

Kick

Throw

Roll

Bounce

Coaching Points:

Progression: