



Balmain & District Football Club

Coaches & Managers Information 2022



Community

Participation

Achievement

Welcome to Football 2022



...weather permitting!

2022 Competition Structure



- Important season dates/events are on the website: <https://www.balmainfootball.com.au/season-dates/>
- Season starting 1st/2nd/3rd April
- O35 & O45 MEN Division 1 competitions will be scheduled for Friday nights where possible
- If any Round 1 & 2 matches are washed out they will be re-scheduled
- Keep checking the draw as there will be changes – <https://cdsfa.dribl.com>
- Game Leaders replacing Referees for U8 to U11 matches



All CDSFA clubs will be adhering to a COVID Safety Plan

- All coaches and managers should familiarise themselves with the [plan](#).
- You will have a key role supporting your team through the changed conditions

Key notes for coaches/managers

- ✓ Match & Team Officials not to share personal equipment such as whistles, flags, cards or pens.
- ✓ Players must have own labelled drink bottle
- ✓ Players should not attend training or matches if they have any Covid symptoms.

Ultra Football Player Kit - 2022



- Returning players get a \$25 voucher to use in the Club Store
- New players received a full credit to purchase their kit through Ultra Football (create an account on UF site to access the BDFC Club Store)

Actions

- ✓ Players need to contact playerstrip@balmainfootball.com.au or visit the FAQs on the club website if they have not received a code to order their new kit or shirt.
- ✓ Managers need to check the players jersey matches the number on the Match Sheet. Contact playerstrip@balmainfootball.com.au if there are any discrepancies

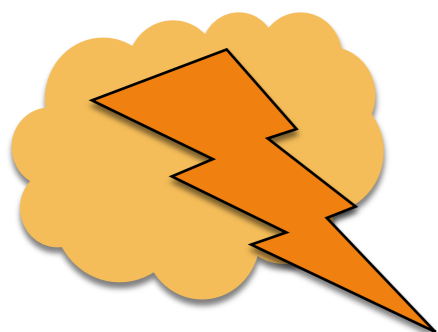


Match Scheduling – Online via Dribl



Match schedules are on [Dribl](#)

Regular training [schedule](#) starts from 29 March



Wet weather procedures

- The Club will provide updates via social media for wet weather closures of training & home Games as soon as they are known
- For weekend matches on away grounds, updates are posted by [CDSFA](#). If a field does not have CLOSED against it then it is deemed OPEN
- It also pays to check [local council](#) hotlines or websites for the most up-to-date to date ground status.
- During wet weather, grounds may be closed at any time- even once you have arrived or started a match.

Match sheets are electronic via the DRIBL App – go to the [Manager Information](#) and the [C&M Quick Links](#) pages on our website for more details and guides.



A match sheet is required for all games involving teams from U8 upward. They are a record of the match including details of all players, scores, red and yellow cards and any injuries. They are used by all clubs to record results and drive any required disciplinary actions.

How do I access them

- Each team is responsible for submitting their match sheet via the DRIBL app
- Detailed instruction are on the [website](#)
- Returning Coaches & Managers can login to the DRIBL app and access their information as per last year
- New Coaches & Managers (once registered) can activate themselves in DRIBL by following this guide: [Activating a Dribl Account \(Self Service Registration\) – Dribl](#)

What do I need to do

Before you leave for the game (or the day before the game)

- Check the electronic Match sheet using the Dribl app or website
- Check all players (including any borrowed ones) are added to match sheet
- Have your referee (Match Official) payment sheet
- Have the correct money for referees (U12 and up)

Before the start of the match

- Coach/Manager have their Team Official vests on and ID cards around their necks
- Ensure all players shirt numbers are recorded correctly
- Final check of electronic match sheet and submit it. Check that the opposing team has also submitted their match sheet

- Pay the referees & get them to sign the Match Officials payment sheet

5 mins before kick-off (for U12 and above ONLY) – The Referee will check the player cards in DRIBL

After the match is completed

- Confirm the result with the referee and opposition manager
- Enter the final score (in the **Recorder** section for the match) in the Dribl app and save it
- Make sure to do this at the field immediately after the game – that way you won't forget!
- **BOTH** teams need to enter and save the result after the game

Ground official duties arrangements for 2022



It is a CDSFA requirement for clubs to provide a ground official for each of their home grounds upon which a match is being played. Teams will need to provide one ground official each time they play a home game.

Organising

- Each **Balmain home team** needs to provide ONE volunteer for EVERY HOME game, EVERY WEEK. However, this is only for the game immediately prior to their HOME GAME. This means if you are playing at one of Balmain's Home Grounds (as the HOME team) at 11am, you will need to provide Ground Official service for that field at 9:30am (or for whatever time the game before yours is scheduled to start).

Duties on the day

Ground officials are required to:

- Be at least 18 years of age
- Arrive 10 minutes before the game commences to check in at the Canteen to obtain the orange Ground Official vest
- Make themselves known to the Referee before the start of the match
- Ensure that spectators stay behind ropes and fences and do not enter the field of play
- Ensure that the area behind the goal is kept clear at all times
- Ensure that no persons, including coaches and managers, enter the field of play until signalled by the referee
- Assist the referee as requested at any time
- Ensure that the consumption of alcohol or smoking does not take place in the immediate vicinity of the playing field until after the completion of the last match of the day.

Locations for ground official duty

Ground official volunteers are required in the following locations: Waterfront Oval, Glover Street Sporting Fields, Easton Park, Birchgrove Oval, Cohen Park, and Balmain High School (BHS).

Ground Officials



A ground official (wearing an orange vest) must be present at each match:

- Ground officials are provided for each of Balmain's home matches played at our home grounds
- If no volunteer Ground Official is present you must provide a substitute (aged 18+)
- For home matches played at **neutral** away venues you will need to provide your own ground official for your game ONLY

What can go wrong?

- The referee may not allow play to start
- The home team can be fined by CDSFA \$110 for each match this occurs
- Where issues with the game lead to judiciary proceedings- the absence of a ground official is distinct disadvantage

Match Officials

Referees and assistant referees



Referees and assistant referees are provided for all games from U12 upwards

Paying match officials (U12 and above)

- Managers of both teams pay the match officials **prior** to the start of the match
- Balmain DFC manages referee payments on a reimbursement basis
- Match Official Payment sheet must be completed and signed by all officials that were paid
- Referees do not carry change, so it is important to bring the correct money to the match
- All match official payment forms and online reimbursement requests can be found on the Manager Information page of the website in the Match Official Payments section

Reimbursement

- **U12 and above:** Managers can claim reimbursement of match official fees by completing the online Match Official Reimbursement request, which also requires attaching a scanned copy (or photo) of your completed Match Official Payment sheet
- **U8 to U11:** Game Leaders are being introduced from 2022. They will be paid by the hosting club at each ground or by the CRA, and will NOT require payment from the teams themselves.

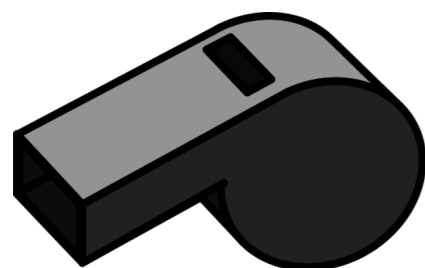
When there's no supplied match official

Sometimes there are not enough referees to cover all matches. When this happens:

- The home team is responsible for supplying a referee
- The away team must agree to the person nominated
- Non-appointed referees are **not** paid for officiating the match
- The volunteer referee has ALL the powers of a normal referee, including send-offs

Looking out for match officials

- Referees are often young, sometimes inexperienced, and always human. Like all of us, they can and do make mistakes
- The availability & retention of referees is often impacted by the negative and inappropriate ways they are sometimes treated by players, spectators, and team officials
- Be kind and respectful to referees, and be a role model for the way they should be treated.



GAME LEADER – U8 to U11



- The Game Leader (GL) program has been adopted to allow younger children aged 11+ an opportunity to build confidence and understand responsibility by "refereeing" games for U8's – U11's.
- Once accredited the GL will be leading games under the guidance and support of mentors who are accredited to ensure the GL are running games in the correct manner.
- This allows parents to take a back seat and just watch and enjoy their children play the game.
- GL are given the skills they need to make sure the game runs seamlessly with minimal stoppages.
- The GLs are expected to not only act as referees but to also aid players by teaching them the correct way to perform a skill.
- When a GL is not appointed or not available, parents will fill the role.

The technical area



Permitted in the technical area

A maximum of TWO team officials are permitted in the technical area regardless of the age group:

- Must be wearing a high-viz vest
- Must display a current season Team Official ID card

Only players entered on the match sheet are permitted in the technical area

Not permitted in the technical area (or bench)

- Sick, injured, surplus, suspended, or banned players
- Additional team officials above the maximum of 2
- Player's or Team Official's children, partners, friends, or animals

What can go wrong?

- The referee may not allow play to start
- It can create issues for the ground officials trying to apply the rules for the technical area
- The home team can be fined by CDSFA \$110 for each match where this occurs

Eligible players



Playing up or for another division

- Rules for using players from another team are complex
- There are restrictions on the age, grade and number of players who can be used as substitutes
- There are also rules about how many times a player can play up in a higher division or age group.

Incorrect match sheet records

Common problems on match sheets are:

- Too many players
- Ineligible players

- There is a maximum number of players that can be listed on the team sheet.
- There is a maximum number of players that may be brought up into a higher graded or different age group
- These rules differ by age group

Match officials do not check the eligibility of players.
Team managers & individual players are held accountable for eligibility of their players.
See the CDSFA Rules of Association

What can go wrong?

CDSFA review match sheets each week & detect ineligible players. Where ineligibility is detected:

- The game is awarded to the opposing team
- The team loses 3 additional competition points
- The team is fined an additional registration fee
- An adult player deemed ineligible is suspended for a minimum 2 matches, but 12 months if they were already ineligible through a disciplinary issue.

Updated CDSFA rules for 2022



Red Card accumulation for a team (U12 and above)

Where a team accumulates 3 red cards in a season, one point will be deducted from their total. Subsequent red cards for that team will incur another 1-point penalty each. If the team accumulates 5 red cards in a season, it will be asked to front the CDSFA Judiciary and show cause as to why it should remain in the competition.

Forfeits due to COVID-19

When a late notification of a forfeit is received and the forfeit is a result of a COVID-19 infection, the late notification fee applied by the CDSFA will be waived (for the 2022 winter season only). Such matches will be treated as a forfeit, and the match will not be rescheduled.

O45 & O50 MEN – Borrowing Rule and Length of Matches

- Due to the late introduction of the O50 MEN competition, the borrowing rules have been amended to allow O45 teams in any Division to borrow players from an O50 MEN's team (but not vice-versa). This applies for the 2022 Winter Season only
- The game time for O50 MEN matches has been adjusted from 40mins to 45mins per half. This applies for the 2022 Winter Season only.

Staying out of trouble



Player cards

(a thing of the past)

- U12 and over: **Digital cards** must be active and available to the referee in the DRIBL app. No card means no play!
- U10/U11s need a player card ONLY if playing up in an under 12s team (added as Borrowed Player in DRIBL)
- U8 to U11 – Player cards are NOT required for matches

What can go wrong:

Players who don't have an active card (or do not appear on the match sheet) will not be permitted to take the field - no exceptions.

Out of bounds

- Warming up behind the goal, or in the goal area of any field, is not allowed
- Warm up in the goal area is not permitted for night matches

What can go wrong:

- Your team may be fined \$110 by CDSFA
- If a night-time venue offence - you may be banned from future night fixtures

Coach Support



Coaches webpages

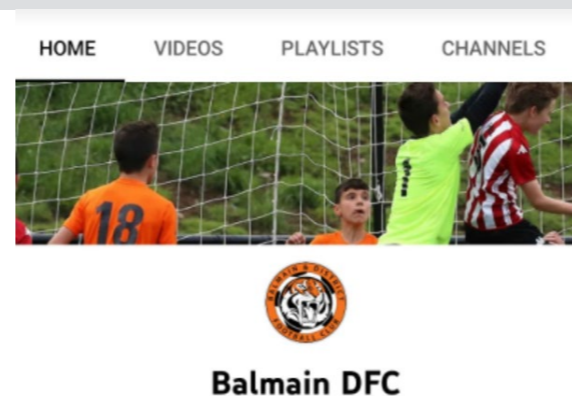
Coaching tips and materials are available on our website divided up into age categories - <https://www.balmainfootball.com.au/coach-resources/>

- Includes technical and tactical goals for each category to help you with guidance and session content
- Includes sample activities and examples of training drills, games, warm-ups, etc.

Balmain DFC YouTube Channel

Unique content can be found on our [Youtube channel](#):

- [Coaching corner](#) - Tactics, tips
- [Training problems](#) - How to overcome common training issues
- [Injury prevention program](#)
- [Ideas for coaching topics](#) - Games, exercises with video guidance
- [Videos for players](#) - Skill videos, topic specifics and more



Coach Support – Education Pathways



Educated coaches = good training = good players = happy players

The education and coaching pathway starts with [community certificates](#):

- **MiniRoos coaching certificate:** suitable if you are coaching 4 – 8yo
- **Skills Training certificate:** suitable if you are coaching 9 – 12yo - [Participant Manual](#)
- **Game Training certificate:** suitable if you are coaching 13 – 17yo - [Participant Manual](#)
- **Senior Training certificate:** suitable if you are coaching 17yo+ - [Participant Manual](#)
- Upcoming CDSFA learning events can be viewed [here](#).
- A summary (and link to full version) of the FIFA coaching booklet for Youth can be found [here](#).
- If you would like to learn more about tactics, structures, and systems, there are [advanced coaching courses](#) available.

The CDSFA document [The Supportive Parent](#) is recommended reading for everyone, including parents, coaches, and volunteers. It outlines the pathways for a player and how parents can help children to have a better football experience.

Attending the appropriate coaching courses can build your confidence and skills, and make your football journey with your children more enjoyable and productive. Please contact the club with any questions, or to ask how we can help support you in achieving certification.

HERO BIG SHOT



SET OF TEAM HEROCARDS



TEAM SHOT



TEAM PHOTOS JUST GOT BETTER!

Balmain & District Football Club can now offer their members an exciting new team photo experience. *herocards* are group and individual portrait photos, delivered with a dedicated design to showcase their team's unique personality. All to suit their family's needs and budget.

Matt from *herocards* will be in touch with BDFC Age Coordinators, managers/coaches during the next few weeks!

TO ORDER

Photoshoots start from May at BDFC home grounds. Contact Matt at info@herocards.com.au to book in a time for your team



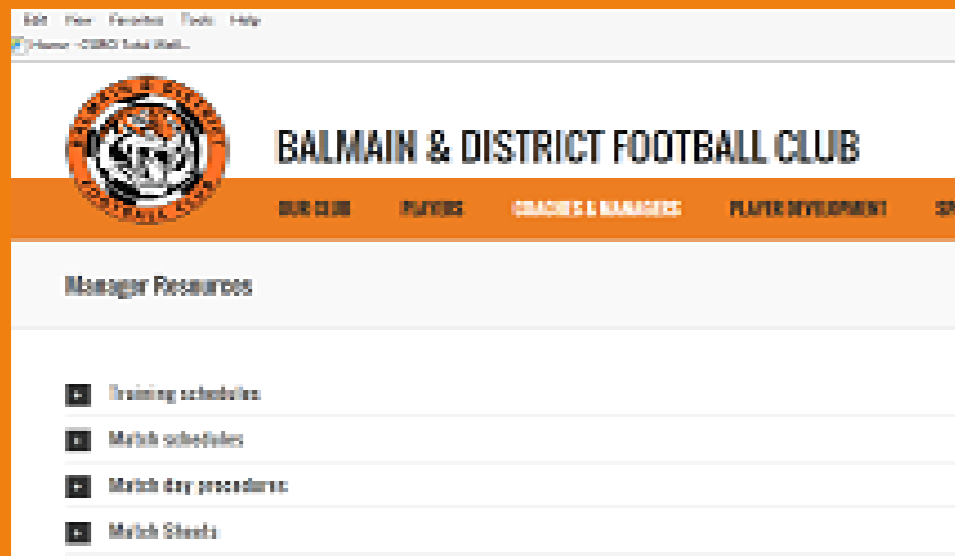
For more information go to our website

herocards.com.au

When you need information or help?



Our website



<http://www.balmainfootball.com.au>

Our website contains:

- All information & links required by players, managers, and coaches
- A coaches only area, with the club's development training plans and additional resources to support coaches

Your Age Coordinator



Executive Committee

& sub-committees



Comms

Development

Finance

Grounds

Registration

Sponsorship