



Balmain & District Football Club

Coaches & Managers Information 2024: U8-O50

Season begins 5-7 April 2024



Community

Participation

Achievement

Welcome to Football 2024



**...as we longingly look across at
Rozelle Parklands and wonder what
could be...**

Partners



Premium Partners



Phil Gilbert



Season Partners



Preferred Partners





KIA

Phil Gilbert Kia

WEAR IT WITH PRIDE

— 2023/25 HOME KIT —

MOVEMENT THAT INSPIRES



PARTICIPATION • ACHIEVEMENT • COMMUNITY

Ultra Football Player Kit - 2024



- Returning players get a \$30 voucher to use in the BDFC Club Store on the Ultra Football site (only valid for orange jersey, black shorts, orange socks, and/or black training jersey)
- New players receive a **full credit** to purchase their kit-shirt, shorts, & socks - through Ultra Football (create an Ultra Football account to access the BDFC Club Store)
- ALL players must play in the **correct Nike strip** with their **correct player number**

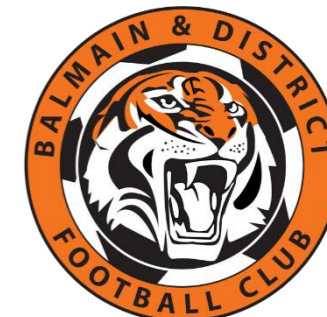


Actions

- ✓ Players need to contact playerstrip@balmainfootball.com.au or visit the [FAQ](#) on the club website if they have not received a code to order their new kit or shirt.
- ✓ Managers need to check that the player's jersey matches the number on the Match Sheet. Contact playerstrip@balmainfootball.com.au if there are any discrepancies.

Pre-Season

LAST MINUTE MENTIONS



There are several issues to be aware of...

ROZELLE PARKLANDS

- There are 2 fields: Football field and an Oval field.
- Transport for NSW has indicated Rozelle Parklands will have a phased reopening, commencing from the Anzac Bridge end. That means the playing fields should be in the early reopen phase
- The allocation of fields to sporting clubs is still to take place. No decision has been made on whether State Government or Council will be responsible
- We would hope to have access for weekend games by late May
- Field lighting will not be installed until late in the year, so night training not be possible

TRAINING ALLOCATIONS

- Winter Training Allocations have now been published
- There is a link in the email you received plus in C&M Quick Links on our website
- Some pre-season allocations have been made available via EOI and have been booked
- Birchgrove Oval is available this week as per the Winter Training Allocations

FINAL TRAINING KIT COLLECTION

- **Saturday March 23, Waterfront Oval, Callan Park: 9am-Midday**
- Final opportunity to collect training kit prior to the season kick-off
- If you miss this kit pickup, next opportunity is from 8am Saturday April 6

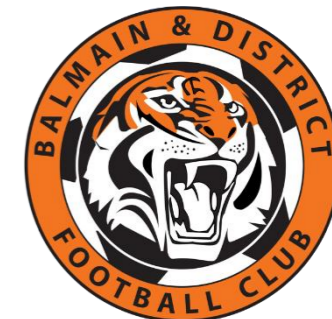
2024 Competition Structure



IMPORTANT STUFF

- Important season dates/events are on the website: <https://www.balmainfootball.com.au/season-dates/>
- Season starts weekend of 5th-7th April (Friday April 5 for O35/1-2 and O45/1-2)
- U8-O50 WILL be playing in the middle weekend of the April School Holidays
- O35 & O45 MEN Division 1 competitions will be scheduled for Friday night where possible. O35 & O45 MEN Division 2 **may** also be scheduled for Friday night games. WOMEN & O35 WOMEN **may** have occasional Friday night games scheduled.
- Keep checking the draw as there **will** be changes: <https://cdsfa.dribl.com/fixtures>
- **Non-competitive age groups – Small-Sided Football (SSF)**
U8 to U12 Mixed and Girls
NO points, NO tables, NO finals
- **Premiership Division/competitive age groups:**
 - U13 to U16, Boys and Girls
 - U18 BOYS (17-18)
 - U19 GIRLS (15 to 19)
 - AAM AAW (All Age Men, All Age Women, must be turning 18+)
 - O35 Men, O35 Women (must have turned 35 prior to 1 Jan)
 - O45 Men, O50 Men (must have turned either 45 or 50 prior to 1 Jan)
 - BBC (Bill Brackenbury Cup): Premier Men's Competition
 - GMT (Grace Martin Trophy): Premier Women's Competition (AAW Division 1)
- Game Leaders are in place for SSF matches, and CRA Match Officials for U13 and up. *Details will be covered later in the presentation*
- In the event that a complete round of a Premiership Division competition (U13+) is not played for whatever reason (e.g. a washout), then that round shall not be played unless there are catch up days available in the schedule on which to place those fixtures.

Match Scheduling – Online via Dribl



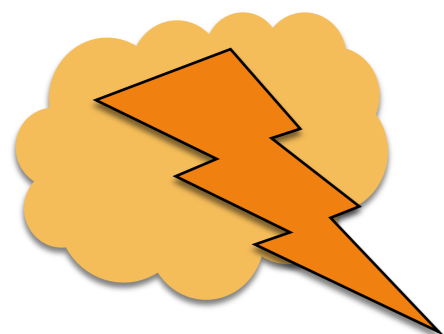
Match schedules will be on [Dribl](#)

Regular training [schedule](#) starts from 2 April

- Teams must only train at the allotted time, field, and space in that's allocated to them
- You must start & finish on time and allow the next groups to start when scheduled
- Teams get ¼ of a field to use (unless specifically told otherwise) - they **cannot** commandeer goal areas or extra space at the expense of other teams
- Any aggressive or rude behaviour towards other teams will not be tolerated
- Repeated transgressions could result in training privileges being revoked

Wet weather procedures

- ALL washouts, cancellations, change of times, change of venues will be notified via the DRIBL app
- BDFC will provide updates via social media for wet weather closures of training grounds and Home fields as soon as they are known
- It also pays to check [local council](#) hotlines or websites for the most up-to-date to date ground status.
- During wet weather, grounds may be closed at any time - even once you have arrived or started a match.
- The **ONLY** source of truth on Match Day is.... **DRIBL**



Match sheets are electronic via the DRIBL App – go to the [Manager Information](#) and [C&M Quick Links](#) pages on our website for more details and guides.



A match sheet is required for **all** games involving teams from U8 up. They are a record of the match including details of all players, scores, red and yellow cards, and any injuries. They are used by all clubs to record results and drive any required disciplinary actions.

How do I access them

- Each team is responsible for submitting their match sheet via the DRIBL app
- Detailed instructions are on the [website](#)
- Returning Coaches & Managers can login to the DRIBL app and access their information as per last year
- New Coaches & Managers (once registered) can activate themselves in DRIBL by following this guide: [Activating a Dribl Account \(Self Service Registration\) – Dribl](#)

What do I need to do

Before you leave for the game (or the day before the game)

- Check the electronic Match sheet using the Dribl app or website
- Check all players (including any borrowed ones) are added to match sheet

15 mins before the start of the match

- Coach/Manager have their Team Official vests on and ID cards around their necks
- Ensure all players shirt numbers are recorded correctly
- Final check of electronic match sheet and submit your team.

5 mins before kick-off (U13-O50)

- Confirm the opposition team in the DRIBL Match Sheet
- Complete the Referee Verification in the DRIBL match sheet
- The Referee will check the player cards in DRIBL match sheet
- Make sure you're ready to kick-off on time!

After the match is completed

- Confirm the result with the referee and opposition manager
- Enter the final score (in the **Recorder** section for the match) in the DRIBL app and save it
- Make sure to do all of this at the field immediately after the game – that way you won't forget!
- **BOTH** teams need to enter and save the result after the game

Ground Officials for 2024



It is a Football Canterbury requirement for clubs to provide a ground official for each of their home fields upon which a match is being played. Note that a ground can have multiple fields.

Organising

- Each **Balmain HOME team** MUST provide ONE volunteer for EVERY HOME game, regardless of the ground they play on.
- For Senior MENS games on Saturdays ONLY (BBC, AAM, O35M, O45M, O50M), your team MUST provide a Ground Official (GO) for the **Senior MENS game either after or before yours** (e.g. if playing at 3pm, provide a GO for the 1pm game and vice versa).
- For all other games, your team MUST provide a GO **for your own game**. This includes Senior MENS games that aren't on Saturdays.
- If you are the HOME team on another club's field, you MUST provide a GO.
- Teams short on spectators must organise with BDFC team playing prior/after to provide a GO.
- Teams playing on BDFC fields as the AWAY team MUST also provide a GO – including local derbies.

Duties on the day

Ground officials are required to:

- Be at least 18 years of age
- Be available 10 minutes before the game commences, wearing the orange Ground Official vest
- Make themselves known to the Referee before the start of the match
- Ensure that spectators stay behind ropes and fences and do not enter the field of play
- Ensure that the area behind the goal is kept clear at all times
- Ensure no person, including coaches and managers, enter the field of play until signalled by the referee
- Assist the referee as requested at any time
- Enforce NO SMOKING/NO VAPING on fields
- Enforce NO ALCOHOL zones
- Ensure alcohol is not consumed in the vicinity of playing fields until AFTER the completion of the LAST match of the day.
- Remind last team of the day that they MUST help pack down the field

Ground Officials



Locations for ground official duty

Ground Officials are required in the following locations: Waterfront Oval, Glover Street Sporting Fields, Easton Park, Birchgrove Oval, Cohen Park, Leichhardt #3, and any other field where a BDFC team is designated as the HOME team.

For games on neutral grounds, BOTH teams must supply a Ground Official.

A Ground Official (wearing an orange vest) must be present at every match

- Orange vests are included in your Team Kit bag

What can go wrong?

- The referee may not allow play to start
- The HOME team can be fined \$120 by Football Canterbury for each match this occurs (first instance)
- Second instance increases the team fine to \$230
- All fines issued to teams or players are passed onto and payable by the team/player
- Where issues with the game lead to judiciary proceedings, the absence of a ground official is a distinct disadvantage

Match Officials

Referees and assistant referees



Referees and assistant referees are provided for games from U13 to O50. Game Leaders are supplied for games from U8 to U12.

U8 to U12

- U8 to U12: Game Leaders are paid by the hosting club at each ground or by the CRA. They will NOT require payment from the teams themselves.
- If a GL asks for payment directly from a team, do NOT pay. Direct them to Club ground staff

U13 and above

- Payments for Match Officials will be electronic (via DRIBL) from the 2024 Winter season onwards – more info on the pages to follow.
- It's critical that Team Officials follow correct procedures for Match Sheets in DRIBL

When there's no supplied match official

Sometimes there are not enough Referees to cover all matches. When this happens:

- The Home team is responsible for supplying a Referee
- The Away team must agree to the person nominated
- Non-appointed Referees are **not** paid for officiating the match (unless they have completed the CRA short course, in which case they get the standard fee)
- The nominated person should referee the ENTIRE match
- The volunteer Referee has ALL the powers of a normal referee, including send-offs, etc...

Interested in Refereeing or being a GL?

- The Game Leader program covers leading games for the U8-U12 (SSF) age groups and is a great way to build skills and confidence. More information is available here: [Game Leaders – Balmain & District Football Club \(balmainfootball.com.au\)](http://balmainfootball.com.au).
- There are plenty of great reasons for becoming a football referee. You actively participate in the sport, you help raise the standard of football, you develop a network of close friends, you develop your management and communication skills, and it's a great way to earn some pocket money. For more information see [here](#).

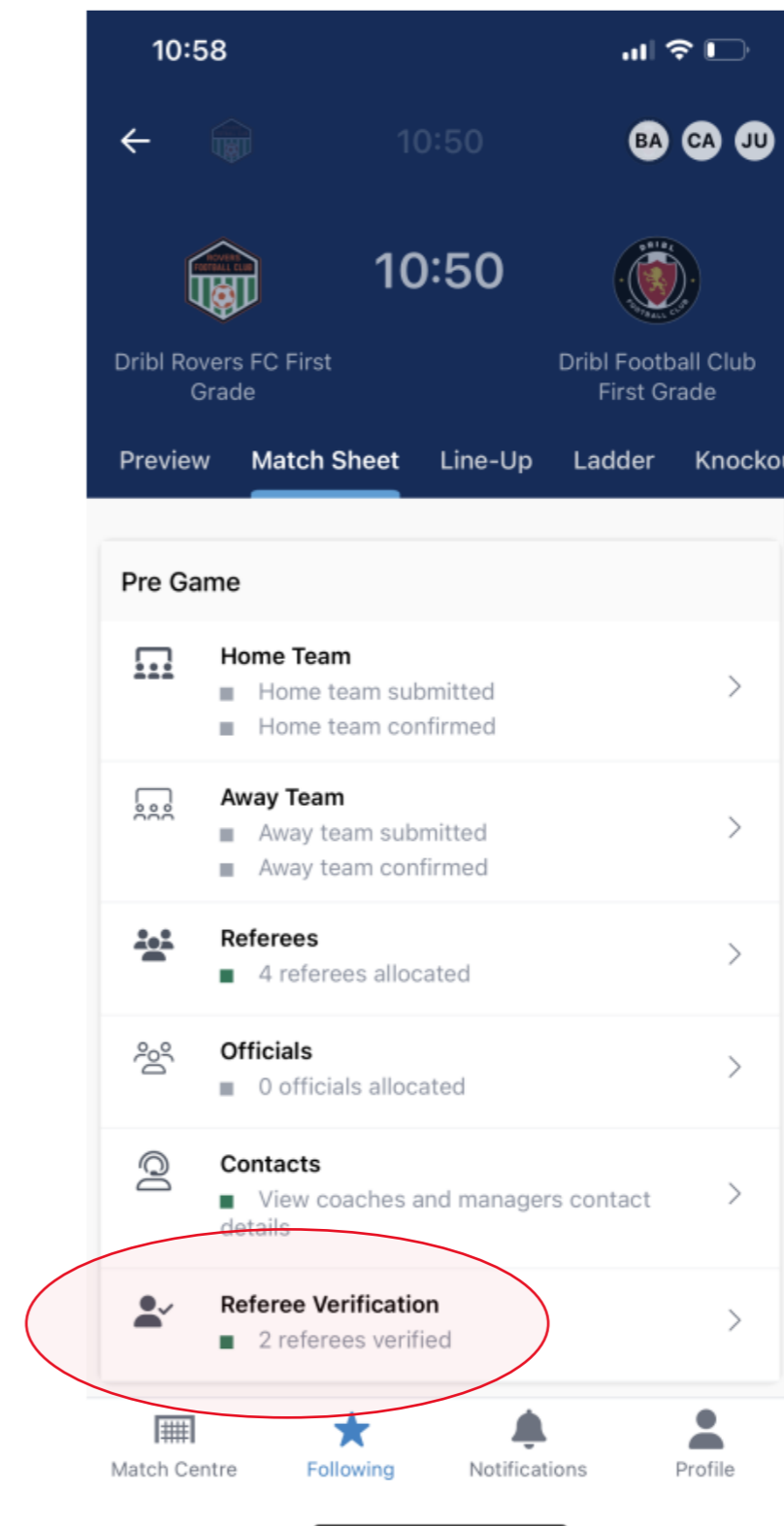
Match Officials – U13+

Verification of Referees and assistant referees – Part 1



- With digital Referee payments being introduced from 2024 for U13+ games, an extra step has been added to the pre-match process. This step is to verify the Match Officials.
- This is critical or Referees won't get paid!!
- NO CASH! If the DRIBL app doesn't work, note down the Match Official names & ID and submit the JotForm.

- Open the DRIBL app and go to the relevant Match Sheet
- Click on the “Referee Verification” option

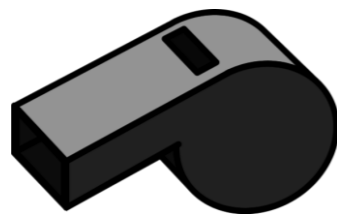


Match Officials – U13+

Verification of Referees and assistant referees – Part 2



- Select either the tick (Present) or the cross (Absent) for each Match Official
- Click the back arrow to return to the Match Sheet
- That's it!
- Ensure you do this before the match starts (there will be the ability to update it for a late-arriving Match Official)
- It's critical this is done so as to ensure our Referees get paid
- Referees will not start a game until this is completed by both teams



Name	Role	Status
Jarred Gillett	Assistant Referee 1	Present
Howard Webb	Assistant Referee 2	Present
Mike Dean	Fourth Official	Present
Referee SGFA Assessor	Assessor	Present

Looking out for match officials

- Referees are often young, sometimes inexperienced, and always human. Like all of us, they can and do make mistakes
- The availability & retention of Referees is often impacted by the negative and inappropriate ways they are sometimes treated by players, spectators, and team officials
- Be kind and respectful to Referees and be a role model for the way they should be treated.

Match Officials

GAME LEADERS – U8 to U12



Creating Leaders

- The Game Leader (GL) program has been adopted to allow players aged 11+ the opportunity to build leadership skills and understand responsibility by 'leading' games for U8 – U12.
- Each GL, in training or accredited, has the support of a Supervisor/Mentor.
- The GLs are expected to not only act as referees but to also aid players by **teaching and explaining** the correct way to play the game.
- This allows Coaches and Managers to stay in the technical area and concentrate on organising their team and player substitutions.
- **Accredited GLs are paid directly by the Club.** Teams do NOT make payment on the day.
- When a GL is not appointed or not available, a Home team official or parent must fill the role.
- ❖ Parent GLs must NOT favour or coach their team when on the field as a Game Leader.
- More information about the [Game Leader Program](#) is on our website

Keeping Game Leaders

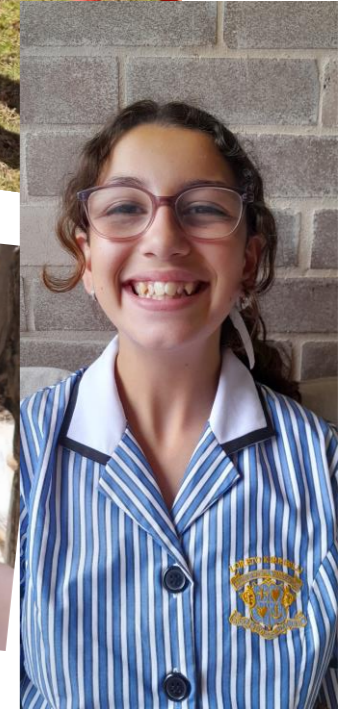
Looking out for Game Leaders

- GLs are young, often inexperienced, and always human. Like all of us, they can and do make mistakes
- Today's Game Leaders are tomorrow's referees. Their desire to continue as Match Officials is directly influenced by the way coaches, managers, players, and parents treat them.
- **BDFC Game Leaders are BDFC players** and the children of our members.
- Negative and inappropriate comments and behaviour will be severely dealt with by clubs.
- If you have concerns or feedback, speak to the **GL Mentor or Supervisor**.

Who are our Game Leaders?



Current or former BDFC players



All pictures have been provided by parents of GLs for the purpose of raising awareness about the role

Forfeits



WHEN

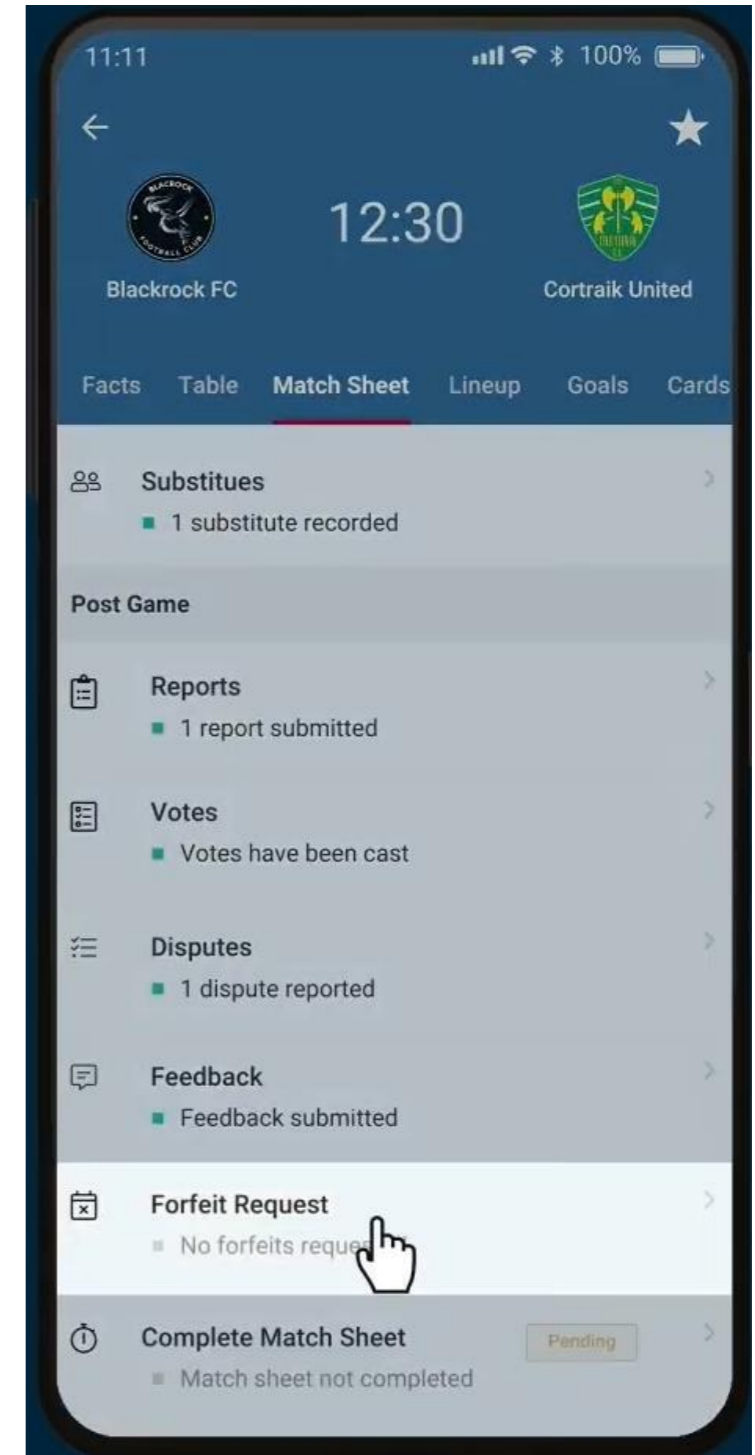
- A forfeit must be submitted no later than 48 hours prior to the scheduled kick-off time for your match (e.g. if kick-off is 9am Sunday, a forfeit **MUST** be submitted by 9am Friday at the latest). There is **NO** grace period for the 48hr window.
- Late forfeit notifications will mean a team is charged the **FULL** match official fees for both teams + a fine
- Exhaust all possible avenues before forfeiting – it should be your **LAST** resort. Try and borrow players (contact your AC); if you're only one or two short then play the game.

HOW

- From 2024 onwards, forfeits will be submitted directly by the team officials in the DRIBL app
- Simply go to the relevant match sheet in the DRIBL app and select the “Forfeit Request” option
- Ensure you select the correct team as the one forfeiting!

CHECK

- Have you submitted the forfeit prior to the deadline? BDFC recommends no less than one hour prior to deadline.
- Have you also advised your Age Coordinator and BDFC via email (competitions@balmainfootball.com.au)



The technical area



A maximum of TWO team officials are permitted in the technical area regardless of the age group:

- Must be wearing a high-viz vest (supplied in Team Kit bag)
- Must display a current season Team Official ID card

Only players entered on the match sheet are permitted in the technical area

Not permitted in the technical area (or bench)

- Sick, injured, surplus, suspended, or banned players
- Additional team officials above the maximum of 2
- Player's or Team Official's children, partners, friends, or pets

What can go wrong?

- The referee may not allow play to start
- It can create issues for the ground officials trying to apply the rules for the technical area
- The home team can be fined by Football Canterbury \$120 for each match where this occurs

Eligible players



Playing up or for another division

- Rules for using players from another team are complex
- There are restrictions on the age, grade and number of players who can be used as substitutes
- There are also rules about how many times a player can play up in a higher division or age group.

Incorrect match sheet records

Common problems on match sheets are:

- Too many players
- Ineligible players (don't rely on DRIBL to determine eligibility)
- Incorrect shirt numbers

- There is a maximum number of players that can be listed on a team sheet.
- There is a **maximum** number of players that may be **borrowed**:
 - ❖ U8 & U9 - 2 players
 - ❖ U10 to U12 - 3 players
 - ❖ All other age groups - 4 players

Referees/Match officials do not check the eligibility of players.
Team managers & individual players are held accountable for eligibility of their players.
See the Football Canterbury Rules of Association

What can go wrong?

Football Canterbury reviews match sheets each week & detect ineligible players. Where ineligibility is detected:

- The game is awarded to the opposing team
- The team loses 3 additional competition points
- The team is fined an additional registration fee (\$440 per incident)
- An adult player deemed ineligible is suspended for a minimum of 2 matches, or a minimum of 12 months if they were already ineligible through a disciplinary issue.
- Just because Dribl allows you to borrow a player, does not mean they are necessarily eligible

Staying out of trouble



Player Cards

- U13 and over: **Digital player cards** must be active and visible to the referee in the DRIBL app. No card means no play!
- U11 & U12s need to have a digital player card visible **ONLY** if playing up in an under 13s team (MUST be added as a Borrowed Player in DRIBL prior to the match starting)
- U8 to U12 – Digital player cards are **NOT** required to be shown

What can go wrong:

- Players who don't have an active card (or do not appear on the match sheet) will not be permitted to take to the field - no exceptions.

Out of Bounds

- Warming up behind the goal, or in the goal area of any field, is not allowed at any time

What can go wrong:

- Your team may be fined \$120 by Football Canterbury
- If a night-time venue offence - you may be banned from future night fixtures

Football Canterbury Rules & Fines for 2024



Important Information on Football Canterbury and BDFC Fines & Penalties

Football Canterbury and Balmain DFC Common Fines and Charges (Players)

- First Red Card: \$75 (in addition to any suspension)
- Second and subsequent Red Cards in a season: \$100 + volunteer work for the club (plus double the standard suspension for the offence)
- Five Yellow Cards in a season: \$75 (plus 1 match suspension)
- If a Red Card is shown to a player, it means an AUTOMATIC minimum 1-week suspension (or longer pending FC Judicial review), even if it's not recorded on the match sheet.

Red/Yellow Card accumulation for a team (U13 and above)

- Team accumulates 3 red cards in a season → 1 point deducted from their total
- Subsequent red cards for that team → additional 1-point penalty per card
- Team accumulates 5 red cards in a season → Appear before FC Judiciary to show cause why it should remain in the competition
- Team accumulates 20 yellow cards in a season → Appear before BDFC Disciplinary Panel

O45 & O50 MEN – Borrowing Rules

- O45 MENS teams CANNOT borrow players from an O50 MENS team (and vice versa)

Football Canterbury Rules & Fines for 2024



Important Information on payment of fines

- If a team or player is liable to pay a fine, they will receive an email from the club with a payment link
- Fines must be paid by the Wednesday in order to be eligible for a game the following weekend (assuming the period of FC suspension, or any additional Club suspension, has also ended)
- Special arrangements will be made for mid-week games and communicated to members involved
- Managers are responsible for paying team fines and collecting reimbursement from the team
- If a player or a team does not pay a fine after the requisite notifications and warnings, BDFC then reserves the right to apply sanctions, including standing the player and/or team down from playing.

- Link to [BDFC Red & Yellow Card Fines & Penalties policy](#)
- Link to [BDFC Team Fines & Penalties policy](#)

Coach Support



Coaches web pages

Coaching tips and materials are available on our website divided up into age categories - <https://www.balmainfootball.com.au/coach-resources/>

- Includes technical and tactical goals for each category to help you with guidance and session content
- Includes sample activities and examples of training drills, games, warm-ups, etc.
- Age group appropriate information !!!

Tiny Tigers

U4-U5

U6-U7

U8-U11

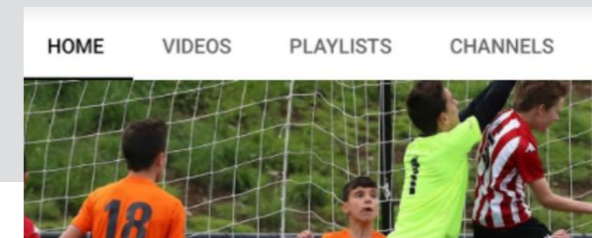
U12-U16

Seniors

Balmain DFC YouTube Channel

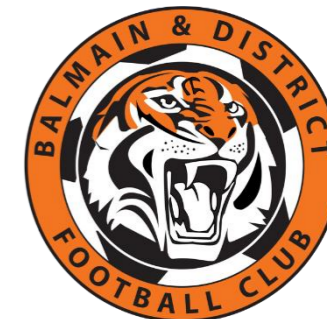
Unique content can be found on our [YouTube channel](#):

- [Coaching corner](#) - Tactics, tips
- [Training problems](#) - How to overcome common training issues
- [Injury prevention program](#)
- [Ideas for coaching topics](#) - Games, exercises with video guidance
- [Videos for players](#) - Skill videos, topic specifics and more



Balmain DFC

Coach Support – Education Pathways

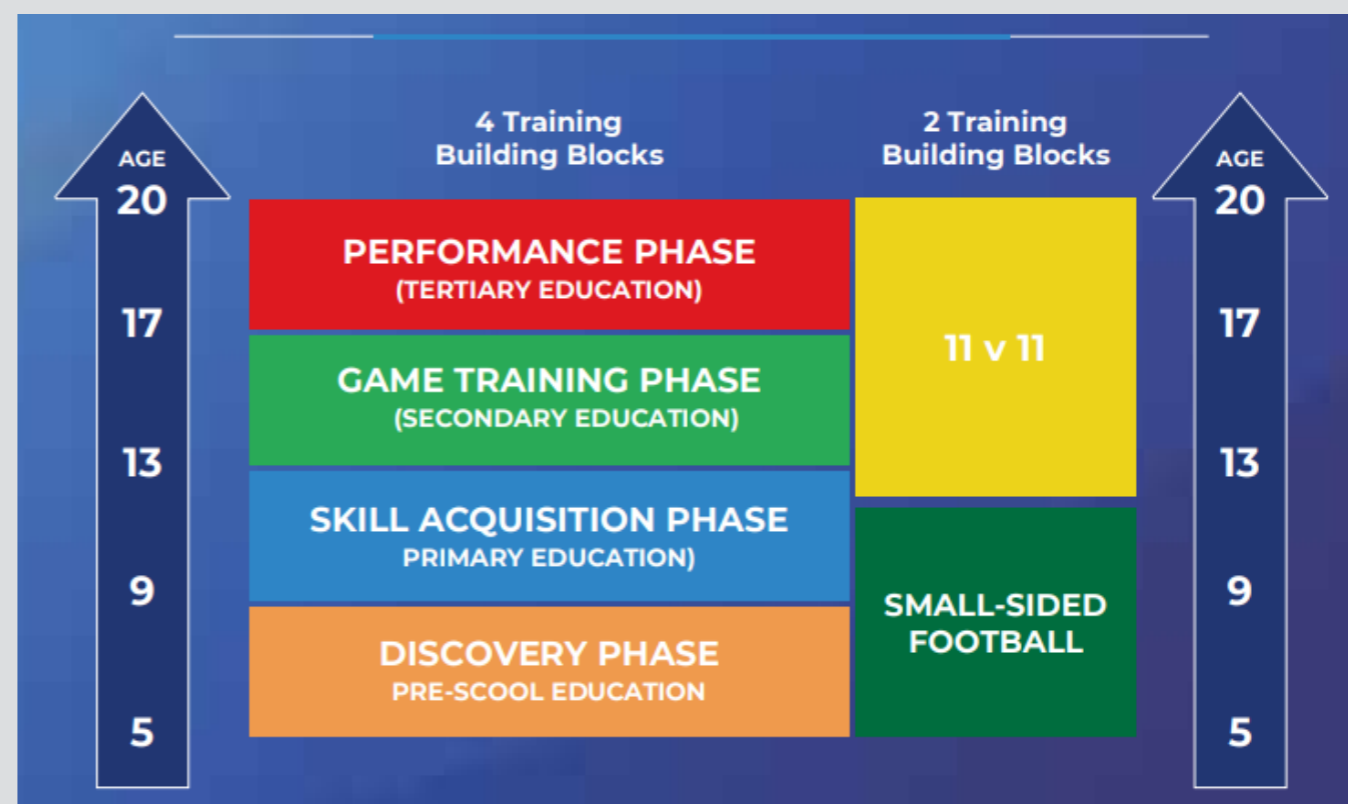


Educated coaches = good training = good players = happy players

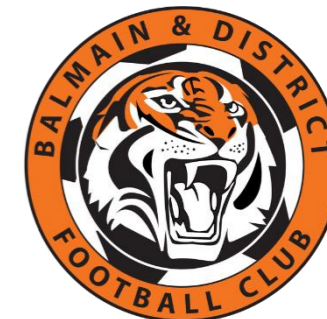
The education and coaching pathway starts with [community certificates](#):

- **MiniRoos coaching certificate**: suitable if you are coaching 4 – 8yo
- **Skills Training certificate**: suitable if you are coaching 9 – 12yo - [Participant Manual](#)
- **Game Training certificate**: suitable if you are coaching 13 – 17yo - [Participant Manual](#)
- **Senior Training certificate**: suitable if you are coaching 17yo+ - [Participant Manual](#)
- Foundation of Football: new AUS wide course

Attending the appropriate coaching courses can build your confidence, skills, and make coaching more enjoyable and productive. Please contact the club with any questions, or to ask how we can help support you in achieving certification.



Coach Support – Education Pathways



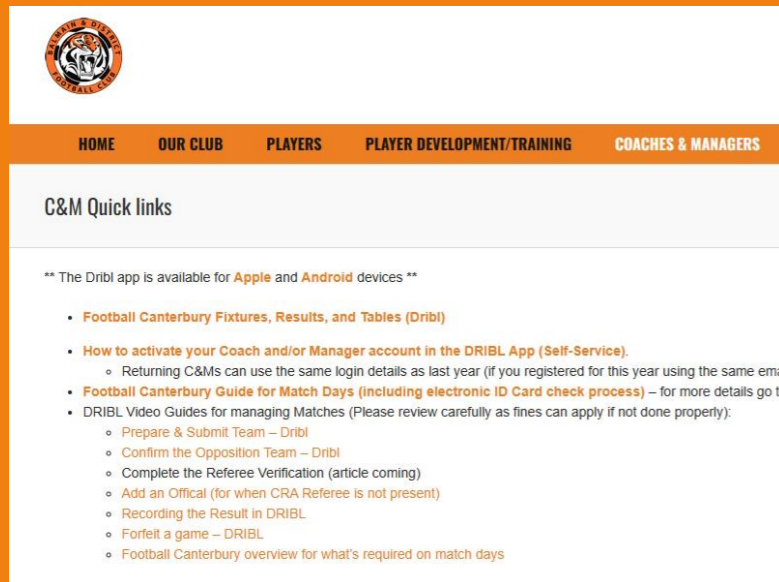
Educated coaches = good training = good players = happy players

- Upcoming Football Canterbury learning events can be viewed [here](#).
- A summary (and link to full version) of the FIFA coaching booklet for Youth can be found [here](#).
- If you would like to learn more about tactics, structures, and systems, there are [advanced coaching courses](#) available.
- The Football Canterbury document [The Supportive Parent](#) is recommended reading for everyone, including parents, coaches, and volunteers. It outlines the pathways for a player and how parents can help children to have a better football experience.
- Equally important to the **WHAT** we do during training sessions (*exercises, games, drills...*) is **HOW** we pass on information (*communication with players, suitability of used coaching styles ...*)!!!
- Coaching related questions for any age group, please contact radim@balmainfootball.com.au

When you need information or help?



Our website



<http://www.balmainfootball.com.au>

Our website contains:

- All information & links required by players, managers, and coaches
- A coaches only area, with the club's development training plans and additional resources to support coaches

Your Age Coordinator



Executive Committee

& sub-committees



Comms

Development

Finance

Grounds

Registration

Sponsorship